

# Bee Money Savvy – Fitness on a Budget Food Diary



## Monday

Breakfast	Lunch	Dinner	Snacks
<i>1 medium apple 1 piece of toast 1 TBS peanut butter 1C Earl Grey Tea</i>			

## Tuesday

Breakfast	Lunch	Dinner	Snacks

## Wednesday

Breakfast	Lunch	Dinner	Snacks

## Thursday

Breakfast	Lunch	Dinner	Snacks

## Friday

Breakfast	Lunch	Dinner	Snacks

